Our performance at Seagulls

Last Wednesday, our Infants Choir sung at Seagulls. We sang five songs - Fireworks, Doing It, Let It Go, Scooby Doo and Roar was our last song. There was a big crowd there and we were really nervous. Our favourite part was pretending to play the guitar in the Scooby Doo song. We did a really good job. It was hard knowing all the words. We had pizza after we finished our songs, which was delicious. We thanked Mrs McGlinn and we left her some pizza. It was a great night.

By Ruby I & Grace M (1/2B)

Book Fair

We are having a Book Fair! Carnival Books will be supplying the books and the school will receive 20% of the total sales.

The Book Fair will be held in the library on Wednesday, 13th August 2014 from 8.30am until 3.30 pm. Children will be able to view the books with their class on Tuesday 12th August, 2014. The children as well as their parents will be able to view the books before the fair commences.

There will be a range of books to cater for all interests and levels at an affordable price. We are hoping you will come and browse!

Chris Hassall - Teacher/Librarian

Professional Development in Mathematics

This term our teachers have been involved in professional development in Mathematics. Teachers have had the opportunity to take time out of class to work in stages to ensure that we deliver interesting, exciting and engaging lessons which are based around the needs of the students in their class. Teachers have enjoyed the opportunity to share ideas, activities and resources and reflect on the individual needs of their students.

Careers Expo

Our Stage 3 students were exposed to their potential lives after school recently when they joined the other schools in our area at Tweed Heads South PS for the Aspire Careers Expo. Students genuinely loved the opportunity to transfer some of the learning that they have made at school into what their future jobs might be. The many "freebies" that students also brought back with them also helped make the day a real winner as well!
UP & COMING SCHOOL EVENTS

TERM 3 WEEK 4
Tuesday 5th August  
Band Lessons  
Student Banking  
5:00pm 2015 New Students Information Session

TERM 3 WEEK 5
Monday 11th August  
Guitar Lessons
Tuesday 12th August  
Book Fair Viewing Day  
ICAS Maths  
Band Lessons  
Student Banking
Wednesday 13th August  
Book Fair 8.30am - 3.30pm  
P&C Meeting 7.00pm
Friday 15th August  
Bilambil Big Brekky  
FNC Athletics Carnival

TERM 3 WEEK 6
Monday 18th August  
Guitar Lessons
Tuesday 19th August  
Band Lessons  
Student Banking

2015 New Students Information Afternoon
The school will be hosting all new families interested in coming to Bilambil in 2015 today (Tuesday, 5 August 2014) at 5.00pm in the school hall.

It will be an opportunity to hear about how our school works and have a good look around and if you know anyone who might be considering our school for next year, please tell them to come along.

School Uniforms
Crystle Tredale and Katrina Irvine have worked tirelessly to coordinate a range of new uniform options for students, staff and parents to consider and vote on. A sample of the new uniform options will be displayed in the office foyer soon and a voting sheet will soon be sent home for parents to make a selection as to which uniform they believe will be the best one to take into 2015 and beyond.

A reminder that 2015 is planned to be a transition year where either the new or the existing uniform can be worn to school.

STUDENT OF THE WEEK

<table>
<thead>
<tr>
<th>Term 3 Week 3</th>
<th>Term 3 Week 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>KB</td>
<td>Cael W</td>
</tr>
<tr>
<td>KS</td>
<td>Elsie W</td>
</tr>
<tr>
<td>K/1L</td>
<td>Mia A</td>
</tr>
<tr>
<td>1/2B</td>
<td>Dash M</td>
</tr>
<tr>
<td>1/2H</td>
<td>Malachy F</td>
</tr>
<tr>
<td>1/2P</td>
<td>Max A</td>
</tr>
<tr>
<td>3/4B</td>
<td>Zoe B</td>
</tr>
<tr>
<td>3/4M</td>
<td>Taylor P</td>
</tr>
<tr>
<td>5/6B</td>
<td>Aiden C</td>
</tr>
<tr>
<td>3/4S</td>
<td>Brody L</td>
</tr>
<tr>
<td>5/6C</td>
<td>Elise W</td>
</tr>
<tr>
<td>5/6M</td>
<td>Jerahmi W</td>
</tr>
<tr>
<td>Principal</td>
<td>Lucas G</td>
</tr>
<tr>
<td>Library</td>
<td>Cooper M</td>
</tr>
<tr>
<td>Band/Guitar</td>
<td>Lauren C</td>
</tr>
<tr>
<td>RFF/LAST</td>
<td>Jack R</td>
</tr>
</tbody>
</table>

STUDENT ACHIEVEMENT AWARDS - BRONZE

<table>
<thead>
<tr>
<th>Term 3 Week 3 &amp; 4</th>
<th>Term 3 Week 3 &amp; 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>KB</td>
<td>Zakiah J, Quinn L</td>
</tr>
<tr>
<td>KS</td>
<td>Roslin M, Kobi T</td>
</tr>
<tr>
<td>1/2H</td>
<td>Kalani G, Oliver O, Reuben T,</td>
</tr>
<tr>
<td>3/4M</td>
<td>Will D, Tahilfa F</td>
</tr>
<tr>
<td>3/4S</td>
<td>Jessica M, Clair S, Lillyana S</td>
</tr>
<tr>
<td>5/6M</td>
<td>Riley H, Maille W</td>
</tr>
</tbody>
</table>

STUDENT ACHIEVEMENT AWARDS - SILVER

<table>
<thead>
<tr>
<th>Term 3 Week 3 &amp; 4</th>
<th>Term 3 Week 3 &amp; 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/4B</td>
<td>Drew M, Augus P</td>
</tr>
<tr>
<td>5/6B</td>
<td>Stella R</td>
</tr>
</tbody>
</table>

Fruit & Veggie Month
Bilambil students will enjoy fresh fruit and vegies with the commencement of fruit and veggie month on Monday 18 August, 2014.
1/2H are thriving in 2014
In class we have enjoyed reading dreamtime stories and books about indigenous families. We have also been having fun in Mathematics with interesting learning games.

Texts Pigs and Honey
As part of NAIDOC week we are completing a unit around a book called, ‘Pigs and Honey’. Our teacher read the text to us but did not let us see the pictures. As it was read we had to complete our own pictures to summarise the story. It was great fun.

Math Games
Our class loves playing math games. It’s a great way to learn new things and have fun at the same time. We play all sorts of games. One of our favourite games is the clock game where we have to move in increments of half hours or full hours by using a dice on the Interactive whiteboard. We start at 6.00 and the first group to get to 12.00 is the winner. It’s always fun to play with friends.

Tiddalick
Also during NAIDOC week we read the book ‘Tiddalick’. We were asked to summarise the story in small groups. As a team we drew the story in three pictures and then took photos of them using the Ipad. After this we inserted the photos in a program called, ‘Explain Everything’. We recorded our voice where we made a slideshow and retold the story.
SRC dance till you drop disco

Last Thursday night Bilambil Public school held its annual SRC Disco. We danced the night away listening to our favourite songs and while we were having fun, the SRC are very excited to announce that we raised a whopping $640.

The SRC are looking at putting these profits towards some tables for our outdoor classroom. Thank you parents and carers by not just supporting our social function for your children but also helping us to expand on the quality of our school grounds.

We’ve been great friends

The SRC would also like to thank the Bilambil Community for its donations of tin food for the “You Have a Friend Charity”. The generosity of our community has ensured hundreds of homeless people have not gone hungry.

We dropped off our last box of food this week and will no longer need your donations of tinned food. If you would still like to find out ways you can help please visit their website on: http://www.youhaveafriend.org.au/

Lock-down Drill

The school had a practice lock-down drill recently. It was comforting to see how well staff and students responded to the specific lock-down signal and acted accordingly. If you have any questions about the “emergency” procedures at our school, please contact the office or your child’s teacher.

Term 3 - Week 4, 5 August 2014

Bilambil’s Big BBQ Brekky

We would like to invite all of our students and their families to our school on the morning of Friday, 15 August 2014 for a sensational BBQ Brekky. Mr Renehan’s bacon and egg burgers and the Zarrafas’s coffee van will ensure we all have a great start to the day.

The occasion will also allow for you to meet with your children’s teachers to have informal catch ups on how they are doing at school. This event will act as an alternative to Parent Teacher Interviews in Term 3 and we genuinely hope you are all able to come along on the morning and join us.

Creative Arts Camp

Kiana J had an action packed week recently as she went to the Far North Coast Creative Arts Camp. Kiana was there as part of her extensive skills on the clarinet and was focussed on the Band component of the camp. Credit must also go to Mr Edwards who gave up his week to be a tutor at the camp and work with some of the region’s best young musicians.

Stage Three Major Projects

Students from Stage 3 will complete a major project this term. The topic is a free choice and is a great opportunity for students to learn about something new. The project is to be completed at home and may be presented on cardboard, in project books, in an A4 display folder or as a PowerPoint presentation.

2015 Kindergarten & New Parents Information Night

- Tuesday 5th August
- 5.00 - 5.45pm
- in the school hall

We look forward to you and your child exploring our school and learning lots about how we do things!
National Tree Day For Schools

K/1L and 5/6M recently had a busy morning replanting our garden fronting Bilambil Road. Through a team effort, some brute strength (the soil was really hard and there were tree roots EVERYWHERE!) and great mentoring skills from 5/6M, we did an outstanding job. Many thanks to Crystal Iredale for purchasing the plants and designing the layout, to Mr Menin for his masterful wielding of the shovel and to the Green Thumbs for cleaning up the area before planting.

Auskick Clinic

On Tuesday July 29, students in Years K-4 participated in a free Auskick clinic. There was plenty of fun catching, kicking and throwing drills. Harrison, the coach, did a great job and was most entertaining. The student’s loved being told to ‘point their toe like a princess’ when they kick. If you would like your child to be involved in Auskick third term, afternoon sessions will be held every Wednesday from 3:10pm and start tomorrow (Wednesday 5 August, 2014).

Touch Football Knockout

The first three rounds of the Touch Football PSSA Knockout competition were recently held as part of a gala day. It was a good day for the Bilambil teams as our girls narrowly missed out on moving through after a nail-bitting loss to Centaur Public School. Our boys were the only undefeated team left on the day after accounting for Kingscliff Public School in the final. They will move on to contest the fourth round in the next few weeks.

District Athletics Carnival

The Tweed District Athletics Carnival was held last week and our valiant Bilambil competitors represented us in style with their running, jumping, throwing and behaviour. Seven sensational students have made it through to the Far North Coast carnival in Lismore in three weeks time. Good luck to all of you there!
Some infectious diseases of children

For more information please contact your local public health unit, community health centre, pharmacist or doctor

Chicken pox
Time from exposure to illness: 2 to 3 weeks.
Symptoms: Slight fever, runny nose, and a rash that begins as raised pink spots that blisters and scabs. Can be more severe in pregnant women and newborns.
Do I need to keep my child home? Yes, for 5 days after the rash appears and until the blisters have all scabbed over.
How can I help prevent spread? Immunisation is available for children over 12 months old. It is recommended for people over 12 years who are not immune.

German measles (Rubella)
Time from exposure to illness: 2 to 3 weeks.
Symptoms: Often mild or no symptoms; mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time. Can cause birth defects if pregnant women are infected.
Do I need to keep my child home? Yes, for at least 4 days after the rash appears.
How can I help prevent spread? Immunisation (MMR) at 12 months and 4 years of age.

Head lice
Time from infestation to eggs hatching: Usually 5 to 7 days.
Symptoms: Red scalp, white specks stuck near the base of the hair. Lice may be found on the scalp.
Do I need to keep my child home? No, as long as headlice management is ongoing.
How can I help prevent spread? Family, friends and classroom contacts should be examined and managed if infected.

Hepatitis A
Time from exposure to illness: About 2 to 6 weeks.
Symptoms: Often none to small children; sudden fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.
Do I need to keep my child home? Yes, for 2 weeks after first symptoms or 1 week after onset of jaundice.
How can I help prevent spread? Careful hand washing; close contacts may need to have an injection of immunoglobulin; immunisation recommended for some people.

Conjunctivitis
Time from exposure to illness: 1-3 days.
Symptoms: The eye feels scratchy, is red and may water. Lids may stick together on waking.
Do I need to keep my child home? Yes, while there is discharge from the eye.
How can I help prevent spread? Careful hand washing; avoid sharing towels. Antibiotics may be needed.

Gastroenteritis
Time from exposure to illness: Depends on the cause; several hours to several days.
Symptoms: A combination of frequent loose or watery stools, vomiting, fever, stomach cramps, headaches.
Do I need to keep my child home? Yes, at least for 24 hours after diarrhea stops.
How can I help prevent spread? Careful hand washing with soap and water after using the toilet or changing nappies and before touching food.

Glandular fever
Time from exposure to illness: 4 to 6 weeks.
Symptoms: Fever, headache, sore throat, tiredness, swollen nodes.
Do I need to keep my child home? Yes, until feeling better.
How can I help prevent spread? Careful hand washing with soap and water after using the toilet or changing nappies.

Hand, foot and mouth disease
Time from exposure to illness: 3 to 7 days.
Symptoms: Mild illness, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area.
Do I need to keep my child home? Yes, until the blisters have dried.
How can I help prevent spread? Careful hand washing especially after wiping noses, using the toilet and changing nappies.

Impetigo (school sores)
Time from exposure to illness: 1 to 3 days.
Symptoms: Small red spots change into blisters that fill with pus and become crusty, usually on the face, hands or scalp.
Do I need to keep my child home? Yes, until treatment starts. Sores should be covered with a watertight dressing.
How can I help prevent spread? Careful hand washing.

NSW Health
Better Health Good Health Care
www.health.nsw.gov.au

Bilambil Road, BILAMBIL NSW 2486 • 07 5590 7210 • bilambil-p.school@det.nsw.edu.au • bilambil-p.schools.nsw.edu.au
P&C Fundraiser – Cookie Dough
Just to let all parents and carers know we are running the cookie dough drive again this term. Please find order forms in this issue of the School Newsletter. They need to be back in for processing by the 18th August. Thankyou.
Madonna Goulding
Fundraising Co-Ordinator

P&C Fathers Day Stall donations required
Donations required for Fathers Day Stall, date to be confirmed. Any donations can be placed in the purple container in the school foyer prior by Monday 1st September, 2014.
Thank you.
Brook Boyd

Survey
Would you like to go into the draw to win accommodation for 2 nights at Arts Factory Lodge, Love Shack Accommodation at Byron Bay!

Name: ___________________________ Phone No: ___________________________
Email: ________________________________________________________________
What did you like best about the fair? ______________________________________
What didn’t you like about the fair? ______________________________________
Is there something different you’d like to see at our next Fair? ________________

How did you hear about the fair? Please circle
School Radio Newspaper Facebook
Letterbox flyer Shop window/notice board Family or friends

With Thanks Bilambil P&C
Like us on Facebook at:
Bilambil Public School P&C

Bilambil Public School P&C are on Facebook.
Please like our P&C Facebook page. This is a great way to keep up to date with what is happening with your P&C at school.
LIVE DREAM DANCE

Opening 1st September, 2014
Bilambil Public School Hall
Classes in Jazz Ballet, Hip-hop and Adult fitness.
Ages 2 and up.
COME ALONG AND TRIAL OUR FREE WEEK OF CLASSES (1st - 5th September, 2014)

For all bookings and enquiries please call Chloe on 0458 935 635 or email livedreamdance@outlook.com or visit our facebook page LIVE DREAM DANCE
Secure your place asap!
More details are also available from the School Office.

Terranora Pharmacy
Terranora Pharmacy have contacted our school community with an offer that when "Bilambil Public School" is mentioned, 5% of all sales which are not scripts will be donated back to the school. If you are shopping for anything at Terranora Pharmacy, please don’t forget to mention us. Thank you!

CREATE YOUR OWN CRICKET MOMENT

PLAYCRICKET.COM.AU

Nippers
SIGN ON DAYS
SOUTH TWEED INDOOR POOL
Date: 10/08/14 Time: 10 - 12pm
Date: 24/08/14 Time: 10 - 12pm

Term 3 - Week 4, 5 August 2014

Bilambil Community Preschool & OOSH Inc
AFTER SCHOOL SPORTS

OOSH provides different after school sport each term. It’s FREE for OOSH children to participate.

If your child doesn’t come to OOSH, we have 8 dedicated places for Bilambil Public School children to participate in after school sport for just $10.00 per session.
Just fill in an enrolment form and pay insurance of $35.00 for one child or $55.00 per family.

Term 3 After School Sport
Mondays - *Silba Soccer
Wednesdays - *Hip Hop
Thursdays - *Cricket with Terranora Cricket Club

If you want your child to come to OOSH, our fees are $19.00 per day permanent and $20.00 per day casual.
However, you may not have to pay that much!
Most families are eligible for Child Care Benefit (CCB) and Child Care Rebate (CCR). These can be paid directly to OOSH to reduce your fees.
Example: A child coming 3 days per week with 100% CCB and CCR, will only pay $4.27 per day!
And get sport thrown in for free!

Call today on 07 5590 7722

2014 BILAMBIL JUNIOR TOUCH FOOTBALL

COMPETITION SIGN ON (See website for more information. Bilambil Junior Touch)
Teams Only: 8th August 2014 @ Bilambil Sports Club from 5.00pm – 7.00pm
Individual Only: 15th August 2013 @ Bilambil Sports Club from 5.00pm – 7.00pm
Cost: $60.00 per player and MUST be PAID in FULL before the first game.
bilambiljuniortouch@hotmail.com or Tamara 0431 141 715
Ten common discipline mistakes

Here are 10 common and easily avoided mistakes parents make when disciplining their children. Replace these mistakes with better techniques and you’ll be on your way to parenting easy street.

Discipline is easy when children are easy. It can be downright tricky when children are difficult, have interesting personalities or are at one of the challenging developmental stages.

It’s with kids in these difficult categories that we need to get our discipline techniques right. Here are 10 common mistakes I see many parents make when trying to get cooperation from their children, keep them safe or teach them to behave well.

Do any of these bloopers ring a bell?

1. Repeating yourself
If you do this, you are training your kids to become ‘parent deaf’. Kids learn more from respectful actions than your repeated words, so speak once – twice at most – then do something.

2. Shouting to be heard
You will get better results by going below the noise baseline to get their attention rather than raising your voice.

3. Setting limits too late
If you set a limit a few weeks after new object or situation is introduced (e.g. a kid gets a new mobile phone, a teen starts going out at night), you will be seen to be taking away a freedom. It’s better to set limits first then loosen them up later.

4. Setting no limits
Boundaries, rules, expectations and standards teach kids what’s expected. Boys love them. They also like to push against them, so you need a firm backbone.

5. Failing to follow through.
Talk! Threaten! Nag! No way! See No. 1 above.

6. Making consequences too harsh
“You’re grounded for a month, Mr 6-year-old” is a tad harsh and will usually bring resentment, not to mention confusion. Stick to the 3 Rs – respectful, reasonable and related to the behaviour – when setting consequences and you can’t go far wrong.

7. Applying consequences when you, or they, are angry
When anger is in the air kids will become mad at you ... if they listen at all. Calmness makes a huge difference to effectiveness at the point of discipline.

8. Mixing discipline with counselling
Never mix the two as it sends mixed messages. If a child misbehaves manage that situation. If you suspect something negative is going on in their life, then deal with that at a separate time.

Keep the two actions separate so they can both be effective.

9. Deferring discipline
Deferring discipline to a child care centre, preschool or school. This is taking the easy way out and teaches kids that you don’t have real authority. Have the confidence to be the authority and take a lead.

10. One parent is always the bad guy
This gets wearing. Also it’s hard to have fun when you are the tough cop all the time. If you are in a two-parent situation take discipline in turns, if you are parenting solo, bring parents into the act.

We’ve all made mistakes when disciplining kids. Tiredness, emotion and lack of skill can get in the way of effective discipline. But part of the evolution and growth of you as a parent involves eradicating some of your old ways, and replacing them with new, more effective, more sophisticated ways of managing yourself and your kids.

For better, more sophisticated and more effective discipline techniques visit my online parenting manual – the Parenting Ideas Club. There are 1,000s of strategies waiting to be used. Take your FREE trial now at parentingideasclub.com.au

We sincerely thank our advertisers for their support of our school. The NSW Department of Education and Communities and Bilambil Public School do not endorse these companies or their services and products.